

Mental Health and Wellbeing

Module Code:	HWS5010-B
Academic Year:	2018-19
Credit Rating:	20
School:	School of Nursing and Healthcare Leadership
Subject Area:	Health, Well-Being and Social Care
FHEQ Level:	FHEQ Level 5
Module Leader:	Dr Barbara McNamara
Additional Tutors:	

Pre-requisites:

Co-requisites:

Contact Hours

Type	Hours
Lectures	24
Tutorials	24
Directed Study	152

Availability Periods

Occurrence	Location/Period
BDA	University of Bradford / Semester 2 (Feb - May)

Module Aims

This module aims to introduce students to a range of critical and analytical perspectives on mental health and illness and the changing nature of the management of mental health care.

Outline Syllabus

Defining changing conceptualisations of mental health and mental illness. The significance of history and culture. Theoretical approaches to understanding the nature, prevalence and impact of mental illness. The social context of mental health and the treatment of the mentally ill including the historical variations to the management of care. The relationship

between mental health and social stratification. Variations in the patterning of mental health and illness, including cross cultural differences. Current mental health policy, practice and issues. The importance of wellbeing. The role and influence of service user groups. Comparative models. Globalised approach. The significance of asylum and migration on mental health.

Module Learning Outcomes

On successful completion of this module, students will be able to...

- 1 Knowledge & Understanding
 - 1.a Discuss changing concepts of mental health and mental illness including historical and cultural differences.
 - 1.b Analyse developments in the management of mental illness including the role of mental health services, professionals and service user groups.
 - 1.c Examine the impact of social divisions such as social class, 'race', ethnicity, gender and age in the prevalence, incidence and experience of mental illness.
- 2 Subject-Specific Skills
 - 2.a Demonstrate understanding of current UK mental health policy and practice and its impact on service users.
 - 2.b Identify and apply the main theoretical approaches to understanding the nature, prevalence and impact of mental illness
- 3 Personal Transferable Skills
 - 3.a Identify, analyse and present written communication

Learning, Teaching and Assessment Strategy

Learning outcomes 1a - 2b are developed through research informed key lectures that cover key topics. These will be further explored in student directed learning activities such as seminars, tutorials and student directed study. Extensive use is made of the Virtual Learning Environment and this medium is used to complement learning materials/lectures/seminars. In addition, this platform will include websites, documents and a range of online resources such as video clips and podcasts. (Learning outcomes 1a, 1b, 1c).

Directed study will enable students to develop and enhance their knowledge and analytical skills by undertaking reading of key texts to support preparation for assessment and to access on line materials and tutorials provided by the learning development unit (Learning outcomes 1a, 1b, 1c, 2a, 2b, 3a. All learning outcomes are assessed by an analysis of an appropriate case study. Students have optionality in negotiating their topic for summative assessment. Formative feedback will be provided on an individual, group and peer assessed basis.

Mode of Assessment

Type	Method	Description	Length	Weighting	Final Assess'
Summative	Coursework	Case study on topic of choice	0-3000 words	100%	Yes

Legacy Code (if applicable)

Reading List

To view Reading List, please go to [rebus:list](#).