

Foundations of Nursing Practice

Module Code:	NUR4012-B
Academic Year:	2018-19
Credit Rating:	20
School:	School of Nursing and Healthcare Leadership
Subject Area:	Nursing
FHEQ Level:	FHEQ Level 4

Pre-requisites:

Co-requisites:

Contact Hours

Type	Hours
Lectures	35
Seminar	34
Laboratory	20
Directed Study	109

Availability Periods

Occurrence	Location/Period
MYA	Mid Yorkshire Hospital NHS Trust / Semester 1 (Sep - Jan)
BDA	University of Bradford / Non-Standard Academic Year (Jan - Sept)

Module Aims

This module will introduce you to the biological, psychological and sociological perspectives of nursing care.

You will begin to develop knowledge in the disciplines of anatomy, physiology, pharmacology, psychology and sociology to enable you to gain a fundamental understanding of human processes in health and illness across the age spectrum. This will underpin your ability to make informed assessments of an individual's needs across care settings.

Outline Syllabus

Clinical/direct patient care:

The nature of the therapeutic relationship; development of this through the communication skills of attending and listening Communication and ethics

Anatomy and physiology of body systems relevant to homeostasis, the cell and cellular respiration

Integration of the body systems in the maintenance of homeostasis

Changes in physiology and anatomy across the life-span

Introduction to pharmacology (pharmacodynamics, pharmacokinetics);

Introduction to sociological perspectives on health and the individual

Introduction to psychological theories and key aspects of psychology

Introduction to assessment tools and care planning

Leadership and collaborative practice:

Inter-professional team-working in assessment process

Improving quality and developing practice:

Research informed assessment and care planning – ethical principles underpinning evidence based practice

Module Learning Outcomes

On successful completion of this module, students will be able to...

- 1
 - 1.1 Identify key concepts of health and illness underpinned by biological principles.
 - 1.2 Describe normal homeostasis and relate this to the anatomy and physiology of the body's systems.
 - 1.3 Identify fundamental aspects of pharmacology.
 - 1.4 Discuss how social, health, biological and behavioural sciences influence the physical and mental health of an individual.
 - 1.5 Describe the process of holistic patient assessment and care planning.
- 2
 - 2.1 Apply theory of human biology, sociology, psychology, anatomy and physiology and homeostasis when undertaking nursing assessment of an individual.
 - 2.2 Apply a systematic approach to nursing assessment.
 - 2.3 Demonstrate listening and attending skills.
 - 2.4 Construct a care plan to meet the holistic needs of a patient/service user.
- 3
 - 3.1 Demonstrate through reflection, professional awareness of the importance of sharing information appropriately with other professionals.
 - 3.2 Appraise professional and ethical decision making in care delivery using relevant supporting literature.
 - 3.3 Evaluate own listening and attending skills when communicating with patients/service users and impact upon patient experience.

Learning, Teaching and Assessment Strategy

This module adopts a range of learning and teaching activities to facilitate your learning.

Research informed key lectures will deliver core content; providing students with the opportunity to acquire knowledge and develop conceptual understanding (LO 1.1, 1.2, 1.3, 3.2). PBL and TBL will be used alongside seminars and group learning to facilitate conceptual understanding and inform your acquisition of skills (LO 1.1, 1.2, 1.3, 1.4, 1.5, 2.1, 2.2, 2.3, 3.1). Directed study will provide you with the opportunity to undertake

reading, participate in enquiry based learning, address individual learning needs and contextualise learning to your field of practice (LO 1.1, 1.2, 1.3, 2.1, 2.2, 3.1). Field-specific application of core concepts and skills will be through field-specific seminars (LO 1.2, 1.3, 2.1, 2.4, 3.2) VLE will be used to provide access to online resources, lecture notes & external links to websites of interest. Clinical skills sessions will be utilised for you to gain practical competence and develop your communication skills (LO 1.3, 2.2, 3.3).

Formative assessment and feedback will be provided at group and individual tutorials, through simulated practice and will facilitate reflection and student self-assessment. All LOs will be assessed by mode 1 & 2.

Mode of Assessment

Type	Method	Description	Length	Weighting	Final Assess'
Formative	Examination - practical/lab oratory	Practice OSCE		%	No
Summative	Examination - practical/lab oratory	OSCE Pass/fail		%	No
Summative	Computerised examination	MCQ		100%	Yes

Legacy Code (if applicable)

Reading List

To view Reading List, please go to [rebus:list](#).