

Concepts of Health and Wellbeing

Module Code:	NUR4013-B
Academic Year:	2018-19
Credit Rating:	20
School:	School of Nursing and Healthcare Leadership
Subject Area:	Nursing
FHEQ Level:	FHEQ Level 4

Pre-requisites:

Co-requisites:

Contact Hours

Type	Hours
Lectures	35
Seminar	34
Laboratory	20
Directed Study	111

Availability Periods

Occurrence	Location/Period
MYA	Mid Yorkshire Hospital NHS Trust / Semester 2 (Feb - May)
BDA	University of Bradford / Semester 3 (June - Oct)

Module Aims

This module will develop further your understanding of the bio-psycho-social model of health and wellbeing applied to holistic nursing practice and its impact upon the assessment, planning, implementation and evaluation of care. More detailed sociological and psychological theory will offer a deeper insight into people's health & social behaviours (patient, family, self and colleagues). You will be introduced to public health, health promotion and safeguarding procedures. You will explore health inequalities and determinants and patterns of health and wellbeing between communities.

Outline Syllabus

Clinical/direct patient care:

Sociological theory relevant to health & social care: Socialisation; class poverty & welfare; families; sick role; culture & racism; work & employment; social exclusion; application to field & those with a learning disability

Psychological theory relevant to health and social care contexts: Self-perception, understanding & self-identity; diversity; enhancing quality of life & psychological well-being; social influences & interaction in the healthcare context: psychological influences on how people behave; psychological & social development across the lifespan

Utilising problem solving approaches to assessing, planning, implementing and evaluating care needs.

Introduction to lived experience of patients, service-users, families and to the service user voice

Introduction to public health & epidemiology; health & society – patterning of health & disease; determinants of health; health inequalities; promoting health; community health needs assessment

The immune system, immunisation & vaccination
Influence of genetics and genomics to health

Leadership and collaborative practice:
Health service organisation, structure and policy, Influence of local, national & international guidelines

Improving quality and developing practice:
Literature searching, retrieval & critical appraisal skills

Developing self and others:
Reflection on how own values, attitudes & beliefs can influence practice. Documentation of professional development in reflective portfolio.

Module Learning Outcomes

On successful completion of this module, students will be able to...

- 1
 - 1.1 Explain the psychological and sociological theory underpinning health behaviour and experiences.
 - 1.2 Discuss the determinants of health, wellbeing and inequalities across populations.
 - 1.3 Identify key principles of health care policy and understand the impact on the health and well-being of individuals.
 - 1.4 Outline the process for undertaking a community health needs assessment.
- 2
 - 2.1 Recognise the impact of health inequalities on individuals and groups.
 - 2.2 Apply health policy to the health and well-being of service users/carers/family
 - 2.3 Demonstrate a holistic and structured approach to safeguarding individuals.
 - 2.4 Demonstrate responsibility for own practice within a multi-professional team in promoting healthy lifestyles.

- 3 3.1 Demonstrate the ability to retrieve information and literature from a range of electronic data bases and other sources to build knowledge of local communities.
3.2 Examine how own personal values, attitudes and beliefs can influence nursing practice.
3.3 Review professional development and document in reflective portfolio.

Learning, Teaching and Assessment Strategy

This module adopts a range of learning and teaching activities to facilitate your learning. Research informed key lectures will deliver core content; providing the opportunity to acquire the knowledge and understanding that underpins nursing practice and influences the health and well-being of individuals and communities (LO 1.1, 1.2, 1.3, 1.4). PBL, TBL, seminars and group learning will be used to facilitate your conceptual understanding and enhance your acquisition of skills (LO 1.1, 1.2, 1.3, 1.4, 2.1, 2.2, 2.4, 3.1, 3.2, 3.3). Directed study will provide you with the opportunity to undertake reading, participate in enquiry based learning, address individual learning needs and contextualise learning to your field of practice (LO 1.1, 1.2, 1.3, 1.4, 2.1, 2.2, 2.3, 3.2). Field-specific application of core concepts and skills will be through field-specific seminars (LO 1.1, 1.3) VLE will be used to provide access to online resources, lecture notes & external links to websites of interest. Formative assessment is in the form of a community profile workbook and presentation along with feedback at individual tutorials will facilitate reflection and student self-assessment. All LOs are assessed by mode of assessment 1 & 2

Mode of Assessment

Type	Method	Description	Length	Weighting	Final Assess'
Summative	Coursework	Essay	-2500 words	100%	Yes

Legacy Code (if applicable)

Reading List

To view Reading List, please go to [rebus:list](#).