

Supporting Recovery in Mental Health Settings

Module Code:	NUR6030-C
Academic Year:	2018-19
Credit Rating:	30
School:	School of Nursing and Healthcare Leadership
Subject Area:	Nursing
FHEQ Level:	FHEQ Level 6

Pre-requisites:

Co-requisites:

Contact Hours

Type	Hours
Lectures	25
Tutorials	10
Directed Study	115
Other (DO NOT USE)	150

Availability Periods

Occurrence	Location/Period
BDA	University of Bradford / Semester 1 (Sep - Jan)
BDA	University of Bradford / Semester 2 (Feb - May)

Module Aims

This module provides students with the opportunity to: Develop and enhance awareness of the principles that underpin the philosophy of recovery, and utilise these principles in a practice context. Doing so will assist the module participant to enhance their personal and professional skills within a transferrable context. The module participant will develop a greater understanding and appreciation of national and local developments that incorporate the philosophy of recovery, and therefore this will contribute to the overall enhancement of their practice.

Outline Syllabus

Mental illness and associated consequences
Recovery model - introduction
Social Inclusion
User participation in recovery
Promoting hope
Legal and ethical issues in the recovery process
Evidence based practice
Wellness Recovery Action Planning (WRAP)
Scottish Recovery Indicator (SRI)
Role theory
Mental capacity and recovery
Issues in concordance
Ongoing developments in Recovery
Local initiatives

Module Learning Outcomes

On successful completion of this module, students will be able to...

- 1
 - 1.1 Demonstrate a systematic understanding of key UK and legislation, guidelines and policy affecting the care and management of people with mental health needs in relation to the recovery philosophy.
 - 1.2 Identify and discuss aspects of relevant research and evidence-based literature related to the incorporation of the recovery model into mental health practice.
- 2
 - 2.1 critically reflect on related to a recovery model in a local and national context.
 - 2.2 Identify and apply the principles of social inclusion and recovery in your own area of practice.
 - 2.3 Critically review the arguments and challenges of incorporating the recovery model into the practice setting.
- 3
 - 3.1 Consolidate and reflect on own interpersonal skills in order to communicate effectively with others in recovery related situations.
 - 3.2 Apply problem solving skills to influence decision making as part of the multi-disciplinary team in the promotion of the recovery philosophy.

Learning, Teaching and Assessment Strategy

Research informed key lectures will deliver core content; providing students with the opportunity to acquire knowledge and develop conceptual understanding (LO 1.1, 1.2, 2.1, 2.2, 2.3). Seminars and group learning will be used to facilitate teacher/learner/ peer dialogue and inter-professional discussion and further develop and challenge conceptual understanding (LO1.1, 1.2, 2.1, 2.2, 2.3, 3.1, 3.2). Directed study provides students with the opportunity to undertake reading, participate in enquiry based learning, address individual learning needs and contextualise learning to the students own area of practice (LO1.1, 1.2, 2.1, 2.2, 2.3, 3.1, 3.2). VLE will be used to provide access to online resources, lecture notes & external links to websites of interest. Labs and practicals will be held, if appropriate, to acquire new skills. Other consists of opportunities to participate in practice, enhance acquisition of skills and gain competence. Formative assessment and feedback at individual tutorials, meetings and through electronic communication will facilitate reflection and student self-assessment. LO1.1, 1.2, 2.1, 2.2, are assessed by Mode of Assessment 1. LO

2.3 is assessed by Mode of Assessment 2. LO. 3.1 & 3.2 are assessed by mode of assessment 3 .

Mode of Assessment

Type	Method	Description	Length	Weighting	Final Assess'
Summative	Presentation	Debate how you would promote the process of recovery for a person in your clinical area. (Must pass at 40%)		40%	No
Summative	Coursework	Essay: Case Study. The utilisation of the recovery model within a mental health care setting. (4000 words.) (Must pass at 40%)	0 hours	60%	Yes
Summative	Clinical Assessment	Completion of a reflective skills inventory assessed in practice (Pass/Fail)	0 hours	%	No

Legacy Code (if applicable)

HNPP652T

Reading List

To view Reading List, please go to [rebus:list](#).