

Continence practice for physiotherapists (Pelvic floor, bladder and bowel function and dysfunction)

Module Code:	PAR7006-C
Academic Year:	2018-19
Credit Rating:	30
School:	School of Allied Health Professions and Midwifery
Subject Area:	Physiotherapy and Rehabilitation
FHEQ Level:	FHEQ Level 7 (Masters)

Pre-requisites:

Co-requisites:

Contact Hours

Type	Hours
Lectures	1
Tutorials	10
Laboratory	4
Directed Study	33
Other (DO NOT USE)	152

Availability Periods

Occurrence	Location/Period
BDA	University of Bradford / Semester 2 (Feb - May)

Module Aims

To reflect on, analyse and apply recent advances, knowledge and current physiotherapy practice applicable to pelvic floor, bladder and bowel rehabilitation for physiotherapists in a clinical setting

Outline Syllabus

1. Investigation and practice of possible interventions for the prevention of pelvic floor, bladder and bowel dysfunction.
2. Observation and critical reflection on a variety of investigations for pelvic floor, bladder and bowel dysfunction.
3. Management and treatment of common pelvic floor, bladder and bowel conditions including: hypotonus and hypertonus of the pelvic floor, the overactive bladder, stress incontinence, constipation and faecal incontinence.
4. Psychosexual dimensions of pelvic floor, bladder and bowel dysfunction.
5. Examination and assessment of the vagina, ano-rectum and the pelvic floor musculature
6. Attendance at and critical reflection on appropriate specialised in and out-patient clinics, including: surgery for bladder and bowel dysfunction, outpatient gynaecology and urology clinics, care of the elderly.
7. Visits and analysis of the value of appropriate specialist clinics/units e.g. urodynamics, colo-proctology, biofeedback for those with faulty defaecation patterns.
8. To have assessed five patients and provided evidence of treatment plans for each of them to meet the requirements for eligibility to apply for membership of the Association of chartered Physiotherapists in women's Health (ACPWH).
9. Informed consent and patient confidentiality

Module Learning Outcomes

On successful completion of this module, students will be able to...

- 1 Critically evaluate, determine and implement appropriate physiotherapy management to develop clinical practice related to continence care and pelvic floor dysfunction.
- 2
 1. Apply advanced skills related to the subjective and objective assessment and examination of the patient.
 2. Utilise advanced knowledge and clinical reasoning skills to determine the appropriate physiotherapy management for pelvic floor, bladder and bowel dysfunction.
 3. Synthesise knowledge and critically reflect on evidence based physiotherapy practice, applying this to advancing clinical practice in pelvic floor, bladder and bowel dysfunction.
 4. Appraise the role of other healthcare professionals involved in continence care and pelvic floor dysfunction in a variety of healthcare settings.
- 3 Critically reflect and appraise current practice utilising effective written, verbal communication, teaching skills and the use of information technology.

Learning, Teaching and Assessment Strategy

An introductory lecture will draw together elements of theory to enable the students to apply to clinical practice. Small group discussions, tutorials and practical workshops will be used to enhance theoretical work and develop advanced clinical skills. Students will undertake 15 hours of clinical practice in preparation for their clinical assessment; they will have a named clinical mentor. Students will keep a reflective practice diary and be encouraged to use 'Pebble Pad' as a means of undertaking reflection on practice and a case study. The directed study will include preparation for the clinical examinations and writing

up of a critical evidence based case study.

Mode of Assessment

Type	Method	Description	Length	Weighting	Final Assess'
Summative	Coursework	Critical reflective case study - based on the students clinical experience throughout an episode of care (2500 words)	0 hours	40%	Yes
Summative	Coursework	Completion of clinical requirements	0 hours	%	No
Summative	Clinical Assessment	Assessment and vaginal examination of a new patient with urinary or uro-gynaecological problem (1 hour 40 minutes)	1.4 hours	30%	No
Summative	Clinical Assessment	Assessment and ano-rectal examination of a new patient with ano-rectal problem (1 hour 40 minutes)	1.4 hours	30%	No

Legacy Code (if applicable)

HPP-705T

Reading List

To view Reading List, please go to [rebus:list](#).