

| Module Details |                                                   |
|----------------|---------------------------------------------------|
| Module Title   | Practice of Physiotherapy in Women's Health       |
| Module Code    | PAR7007-C                                         |
| Academic Year  | 2020/1                                            |
| Credits        | 30                                                |
| School         | School of Allied Health Professions and Midwifery |
| Subject Area   | Physiotherapy and Rehabilitation                  |
| FHEQ Level     | FHEQ Level 7                                      |
| Pre-requisites | N/A                                               |
| Co-requisites  | N/A                                               |

| Contact Hours  |       |
|----------------|-------|
| Type           | Hours |
| Lectures       | 11    |
| Tutorials      | 1     |
| Laboratories   | 9     |
| Directed Study | 279   |

| Availability |                                                     |
|--------------|-----------------------------------------------------|
| Occurrence   | Location / Period                                   |
| BDA          | University of Bradford / Non-Standard Academic Year |
| BDA          | University of Bradford / Semester 3                 |

| Module Aims                                                                                                                                 |
|---------------------------------------------------------------------------------------------------------------------------------------------|
| To reflect on and analyse recent advances, knowledge and current physiotherapy practice applicable to women's health in a clinical setting. |

## Outline Syllabus

1. Critical reflection on antenatal preparation for pregnancy and childbirth including back care, pelvic floor awareness, normal function and dysfunction; coping strategies for labour and musculoskeletal problems associated with pregnancy and childbirth.
2. Observation and critical reflection of labours and deliveries, selected from a vaginal delivery of a woman who has attended antenatal classes, an assisted vaginal delivery or a caesarean delivery under epidural anaesthesia.
3. Postnatal: advanced clinical reasoning in the management of common conditions including: painful perineum, diastasis recti, pelvic girdle pain, post epidural delivery, post-caesarean section and management of stress incontinence.
4. Critical discussion of psychosexual dimensions of women's health and well-being.
5. Continence / pelvic floor dysfunction: application and critical evaluation of appropriate assessment, including vaginal examinations.
6. Critical reflection of appropriate specialised in and out-patient clinics, including: antenatal, obstetric ultrasound, postnatal examination, and gynaecological surgery, outpatient and urodynamic clinics.
7. Critical analysis of the value of appropriate specialist clinics/units including: neonatal special care units, amniocentesis clinic, colposcopy clinic, well-woman clinic.
8. Portfolio planning and critical reflection skills.

## Learning Outcomes

| Outcome Number | Description                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
|----------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 01             | 1.1. Critically review relevant anatomy, biomechanics, physiology, pathology & psychology in relation to physiotherapeutic management in Women's Health of both simple & complex problems. 1.2 Critically evaluate, determine and implement appropriate physiotherapy management to develop advanced clinical practice related to women's health.                                                                                                                                                                                              |
| 02             | 2.1 Apply advanced skills related to the assessment and examination of patients with women's health needs. 2.2. Utilise advanced knowledge and clinical reasoning skills to determine the appropriate physiotherapy management in women's health. 2.3. Synthesise knowledge and critically reflect on evidence based physiotherapy practice, applying this to advancing clinical practice in women's health. 2.4. Appraise the role of other healthcare professionals/clinics involved in women's' health in a variety of healthcare settings. |
| 03             | 3.1.Critically reflect and appraise current practice utilising effective written, verbal communication, teaching skills and the use of information technology. 3.2.Understand and take into account the influence of patients' cultural, religious and socio-economic backgrounds on their health and well-being. 3.3.Employ a holistic and patient-centred approach within the overall physiotherapy management of service users.                                                                                                             |

## Learning, Teaching and Assessment Strategy

A blended learning approach may be taken depending on the external environment when the module is delivered. All contact hours within the learning and teaching strategy will be scheduled on campus. Practical sessions will be delivered face to face & on-campus whilst maintaining Health & Safety related to current guidelines. Lectures will draw together elements of theory to enable the students to apply and develop their clinical practice and professional development. Small group discussions, tutorials and practical workshops (some of which may be delivered online) will be used to enhance theoretical work and develop advanced clinical reasoning skills (1.1, 1.2, 2.1, 2.2, 3.1). Students will gather evidence of their developing practice to contribute to a professional portfolio and be encouraged to use 'Pebble Pad' as a means to present this (1.1, 1.2, 2.1, 2.3, 3.1). The portfolio of evidence and written synopsis will assess all of the learning outcomes (1.1, 1.2, 2.1, 2.2, 2.3, 2.1). Formative opportunities for feedback will be facilitated and enabled by module tutors.

## Mode of Assessment

| Type      | Method     | Description                                                                 | Length | Weighting |
|-----------|------------|-----------------------------------------------------------------------------|--------|-----------|
| Summative | Coursework | Portfolio of Evidence supported by a written synopsis (maximum 4,000 words) | N/A    | 100%      |

## Reading List

To access the reading list for this module, please visit <https://bradford.rl.talis.com/index.html>

### *Please note:*

*This module descriptor has been published in advance of the academic year to which it applies. Every effort has been made to ensure that the information is accurate at the time of publication, but minor changes may occur given the interval between publishing and commencement of teaching. Upon commencement of the module, students will receive a handbook with further detail about the module and any changes will be discussed and/or communicated at this point.*