

Module Details	
Module Title	Theory of Physiotherapy in Women's Health
Module Code	PAR7008-C
Academic Year	2020/1
Credits	30
School	School of Allied Health Professions and Midwifery
Subject Area	Physiotherapy and Rehabilitation
FHEQ Level	FHEQ Level 7
Pre-requisites	N/A
Co-requisites	N/A

Contact Hours	
Type	Hours
Lectures	14
Online Lecture (Synchronous)	13
Tutorials	4
Laboratories	3
Independent Study	246
Directed Study	20

Availability	
Occurrence	Location / Period
BDA	University of Bradford / Semester 1
BDA	University of Bradford / Semester 2

Module Aims
This module will enable the student to: Explore recent advances, knowledge and current physiotherapy practice applicable to women's health in a variety of healthcare settings.

Outline Syllabus

- 1) Critical analysis & application of anatomy & biomechanics with specific reference to the trunk & pelvis; normal physiology of the woman; age-related changes, dysfunction, injury & disease of the pelvic girdle & contents.
- 2) Critical evaluation of psychosexual dimensions of women's health, the painful perineum & dyspareunia.
- 3) Critical analysis of physiotherapy assessment, examination & evaluation processes used to identify problems & set rehabilitation goals using a variety of appropriate methods including musculoskeletal and vaginal examinations.
- 4) Critical evaluation of the application of therapeutic exercise, muscle re-education, manual therapies, biofeedback and electrotherapy, for pelvic floor, bladder and bowel function and dysfunction.
- 5) Breast care and lymphoedema management
- 6) Exercise and osteoporosis.
- 7) Critical evaluation of the selection and application of various management techniques including electrotherapy, therapeutic exercise, muscle re-education, manual therapies, posture re-education and coping strategies for labour.
- 8) Critical evaluation of the selection and application of management techniques in the management of women's health
- 9) Critical reflection of legal, professional, cultural, religious, socio economic, ethical issues and valid consent in women's health physiotherapy practice.
- 10) Reflect upon effective communication, counselling and health education skills within a holistic and patient-centred approach to the management of women's health throughout life
- 11) Evaluation of current practice, current research & evidence based practice.

Learning Outcomes

Outcome Number	Description
01	Critically review relevant anatomy, biomechanics, physiology, pathology and psychology in relation to physiotherapeutic management in women's health.
02	Critically evaluate and determine appropriate management related to advanced physiotherapy practice in women's health
03	Synthesise and apply theoretical knowledge and an evidence-based approach to physiotherapy practice in the management of women's health
04	Evaluate the role of other healthcare professionals involved in women's health in a variety of healthcare settings.
05	Critically reflect on and integrate current evidence based physiotherapy practice to meet the specific health care needs of women throughout life.
06	Enhance your written and verbal communication skills through the undertaking of advanced literature searching, critical appraisal, presentations, teaching skills and the use of information technology.
07	Understand and consider the influence of patients' cultural, religious and socio-economic backgrounds on their health and well-being.
08	Employ a holistic and patient-centred approach within the overall physiotherapy management of women's health

Learning, Teaching and Assessment Strategy

Use of a blended learning approach for all delivery of teaching i.e. a mix of on-line and on-campus delivery, a mix of synchronous and asynchronous delivery will be offered, practical sessions will be delivered face to face & on-campus whilst maintaining Health & Safety related to current guidelines. Lectures, small group discussions and seminar presentations (some of which may be delivered online) will be used to develop theoretical knowledge, critical thinking and shared inter-professional learning (01,02,03,04,06). Timetabled sessions will enable the student to relate theoretical knowledge to practical skills using relevant examination techniques consider the influence of patients' cultural, religious and personal preference (02,03,04,05,07,08). Students will have the opportunity to undertake a formative presentation to their peers and will receive both peer and academic feedback (03,04,05,06,07,08). As some of the module is completed by distance learning the students will be encouraged to use the VLE to share practice, case scenarios and literature (06). The directed study time will be used to review relevant anatomy, physiology, biomechanics and pathology as well as undertaking advanced literature searches, critical appraisal of relevant research and preparation for assessments (01,02,03,04,05,06,07,08). The assessments will allow the student to demonstrate in depth subject knowledge and develop their verbal and written presentation skills (01,02,03,04,05,06,07,08). Throughout the module students will be encouraged to employ a holistic and patient-centred approach within the overall physiotherapy management of women's health (07,08). Formal and informal feedback will be given during tutorial and laboratory sessions, following presentations and written assignments (04,06).

Mode of Assessment

Type	Method	Description	Length	Weighting
Summative	Presentation	Presentation to peers on a negotiated area of practice. Must be different topic to that used for systematic review.	30 mins	50%
Summative	Coursework	Systematic review of negotiated area of practice demonstrating how this will be used to advance local practice 2500 word	N/A	50%

Reading List

To access the reading list for this module, please visit <https://bradford.rl.talis.com/index.html>

Please note:

This module descriptor has been published in advance of the academic year to which it applies. Every effort has been made to ensure that the information is accurate at the time of publication, but minor changes may occur given the interval between publishing and commencement of teaching. Upon commencement of the module, students will receive a handbook with further detail about the module and any changes will be discussed and/or communicated at this point.