

Module Details	
Module Title	First Contact Physiotherapy 2 - Working in Primary Care
Module Code	PAR7014-C
Academic Year	2020/1
Credits	30
School	School of Allied Health Professions and Midwifery
Subject Area	Physiotherapy and Rehabilitation
FHEQ Level	FHEQ Level 7
Pre-requisites	N/A
Co-requisites	N/A

Contact Hours	
Type	Hours
Lectures	15
Seminars	10
Clinical Placement	75
Tutorials	5
Directed Study	195

Availability	
Occurrence	Location / Period
BDA	University of Bradford / Non-Standard Academic Year
BDA	University of Bradford / Semester 1
BDA	University of Bradford / Semester 2

Module Aims
To apply and demonstrate recent advances, knowledge to deliver innovative First Contact Practitioner (musculoskeletal) services working with other members of the healthcare team to improve patient care and their access to high quality health services.

Outline Syllabus

Undertake physical assessment with an awareness of validity reliability, specificity & sensitivity of investigations, intervention including consideration for management of complex needs & long term conditions incl. ongoing issues with mental health, frailty, dementia, chronic pain & disability. Management plans considering- education and support, lifestyle advice, social prescribing, drug therapies for symptom or disease control, manual therapy techniques and rehabilitation including exercise, signposting including for further advise, Fitness for work (AHP Health and Work Report), advanced clinical reasoning and decision making including onward referral e.g. surgery, mental health support in line with local protocols, guidelines and frameworks and legal professional requirements, monitoring, evaluating outcomes and patient discharge. Understand the importance of ongoing clinical audit, service evaluation, research, personal development plans, engaging with reflective practice, clinical supervision and record learning and development. Advanced communication incl. person centred approach, shared decision making, motivational interviewing, social prescribing, supporting self-care /management, behaviour change, health promotion & coaching, prevention (incl. co-morbidities), advise on expected benefits of e.g. injection therapy, common surgeries, prescribed medication, risk management, stratifying risk and safeguarding (including escalating concerns).

Learning Outcomes

Outcome Number	Description
01	Critically evaluate, determine and apply advanced clinical, communication and problem-solving skills related to the assessment of the patient, whilst considering psychosocial impact and assessing level of risk and uncertainty.
02	Utilise advanced knowledge and clinical reasoning skills to determine appropriate management pathway, onward referral and associated outcomes of proposed intervention.
03	Synthesise knowledge and critically reflect on evidence based first contact physiotherapy practice.
04	Demonstrate a critical understanding of the role of other healthcare professionals involved in the management of musculoskeletal dysfunction in a variety of healthcare settings - and pathways.
05	Critically reflect and appraise current practice utilising effective written, verbal communication, teaching skills and the use of information technology.
06	Critically reflect on your leadership skills and apply your knowledge to support the professional development of colleagues and the work of your organisation.
07	Critically analyse clinical governance issues, service improvement and patient safety issues in general practice.
08	Reflect upon and demonstrate knowledge of values, ethical thinking, equality awareness, inclusive practice promoting a person-centred, shared decision-making approach within in first contact physiotherapy practice.
09	Critically analyse and apply the research evidence that informs the development of policy and sustainable service delivery in first contact physiotherapy practice.

Learning, Teaching and Assessment Strategy

Use of blended learning approach for all delivery of teaching i.e. a mix of on-line and on-campus delivery, a mix of synchronous and asynchronous delivery will be offered, practical sessions will be delivered face to face & on-campus whilst maintaining Health & Safety related to current guidelines.

Lectures, tutorials and practical workshops (some of which may be delivered online) will be used to enhance and develop advanced clinical skills (2,3,4,7,8,9). You will undertake 75 hours of supervised clinical practice with a named GP clinical mentor. You will be assessed in the practice setting using pre-determined capabilities (1,2,4,7,8). You will maintain a reflective practice diary and use an eportfolio as a means of demonstrating advanced reflection on practice (5,6,8). Directed study will include preparation for clinical practice & development of the practice portfolio.

The assessments will allow the you to demonstrate in depth subject knowledge and develop your verbal and written communication skills (1-9). Throughout the module you will be encouraged to employ a holistic and patient-centred approach within the overall first contact physiotherapy practitioner management of musculoskeletal dysfunction (8). Formal and informal feedback will be given during sessions, whilst on placement, following presentations and during portfolio development (1-9).

Placement capabilities- predetermined clinical capabilities assessed in practice 0% weighting (pass/fail element) Advanced Clinical Practice Portfolio 3000 word commentary plus evidence 100% weighting.

Mode of Assessment				
Type	Method	Description	Length	Weighting
Summative	Coursework	-portfolio 3000 word commentary plus appended supporting evidence to reflect	N/A	100%
Summative	Coursework	Clinical capabilities (pass/fail element) ? MSK Primary Care (MSK) HEE ? E-Learning	N/A	0%
Formative	Coursework	Support in the introduction to and the ongoing development of the eportfolio. Individual or group feedback.	30 minutes	N/A
Formative	Clinical Assessment	Midway supervision in clinical practice environment Supervision with both student and practice mentor to discuss progress against capabilities (Must reach a pass standard).	60 minutes	N/A

Reading List

To access the reading list for this module, please visit <https://bradford.rl.talis.com/index.html>

Please note:

This module descriptor has been published in advance of the academic year to which it applies. Every effort has been made to ensure that the information is accurate at the time of publication, but minor changes may occur given the interval between publishing and commencement of teaching. Upon commencement of the module, students will receive a handbook with further detail about the module and any changes will be discussed and/or communicated at this point.