

| Module Details |                                      |
|----------------|--------------------------------------|
| Module Title   | Thinking Psychologically at Bradford |
| Module Code    | PSY4011-B                            |
| Academic Year  | 2020/1                               |
| Credits        | 20                                   |
| School         | School of Social Sciences            |
| Subject Area   | Psychology                           |
| FHEQ Level     | FHEQ Level 4                         |
| Pre-requisites | N/A                                  |
| Co-requisites  | N/A                                  |

| Contact Hours  |       |
|----------------|-------|
| Type           | Hours |
| Laboratories   | 12    |
| Lectures       | 20    |
| Directed Study | 168   |

| Availability |                                        |
|--------------|----------------------------------------|
| Occurrence   | Location / Period                      |
| BDA          | University of Bradford / Academic Year |

| Module Aims                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
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| <p>This module builds a portfolio of skills which are transferable across your degree and beyond whilst introducing you to the Division of Psychology at Bradford, including the academic staff and their research.</p> <p>In the skills based elements of this module you will be introduced to practical approaches and theories relevant to the psychology of learning. The module develops skills which are relevant to studying psychology and to employability such as creating action plans, a CV, team working, critically evaluating theories and debating topics in group settings. You will learn about how to avoid plagiarism and the importance of referencing. Personal development planning will allow you to continuously reflect and record your achievements.</p> <p>Interwoven with these key elements will be an introduction to the Psychology team and their research areas and interests. This will allow you to become more informed about the Bradford experience and what makes Psychology at Bradford unique. You will also learn about the different schools of thought and research paradigms present within the broader research taking place within the Division.</p> |

## Outline Syllabus

- Learning theories, approaches, practical applications and implications relevant to the Psychology of learning.
- Appreciate individual differences in learning strategies.
- Employability, career development and personal development planning.
- Understanding the role of the British Psychological Society in terms of Psychology career development and future goals for careers.
- Creating action plans to manage time effectively.
- Developing and updating a CV.
- Using personal reflection to identify personal strengths and areas for improvement.
- Using internet resources including literature databases to seek out and apply relevant literature.
- Navigating successfully through the University of Bradford virtual learning environment and applications.
- Personal Development planning - keeping a record of achievements and linking this with personal reflection.
- Understanding the importance of research in terms of knowledge generation and learning.

## Learning Outcomes

| Outcome Number | Description                                                                                                                                             |
|----------------|---------------------------------------------------------------------------------------------------------------------------------------------------------|
| 01             | Describe and evaluate some general psychological theories and research relevant to learning, study, employability and personal development.             |
| 02             | Understand what plagiarism is and how to reference accurately.                                                                                          |
| 03             | Apply psychological theories to learning.                                                                                                               |
| 04             | Identify and critically evaluate your own approaches to learning and study.                                                                             |
| 05             | Use action plans to manage time effectively.                                                                                                            |
| 06             | Create and update a personal CV.                                                                                                                        |
| 07             | Use personal reflection to identify strengths and weaknesses.                                                                                           |
| 08             | Select and identify appropriate techniques and strategies to improve study skills and personal development planning.                                    |
| 09             | Reference accurately.                                                                                                                                   |
| 10             | Demonstrate competency in using University IT systems and virtual learning environments.                                                                |
| 11             | Use online search engines to search for Psychology literature.                                                                                          |
| 12             | Use the University library to seek out relevant reading materials.                                                                                      |
| 13             | Understand the importance of research in academia.                                                                                                      |
| 14             | Appreciate the research strengths and distinctiveness of Psychology at Bradford, and understand the research environment at the University of Bradford. |

## Learning, Teaching and Assessment Strategy

Lectures will introduce relevant psychological concepts and academic research and will provide direction for independent reading (LO 1-3). Workshops build upon lecture material and will allow you to apply this directly in creating an action plan, a CV, debating and thinking critically about psychological concepts, learning how to reference and reflect on psychology relevant careers (LO4-8). In workshops you will work in small groups to encourage collaborative learning.

In semester 1, you will create a tabular action plan demonstrating how you will plan and prepare for coursework and revision, accompanied by up to 500 words of narrative.

In semester 2, you will create two short reports; an employability account relating the skills gained to a career aspiration relevant to Psychology and a research account suitable for the general public detailing one aspect of research taking place within the Division of Psychology at Bradford.

## Mode of Assessment

| Type      | Method     | Description                                                        | Length | Weighting |
|-----------|------------|--------------------------------------------------------------------|--------|-----------|
| Summative | Coursework | Semester 1: Action plan of preparation for coursework and revision | N/A    | 20%       |
| Summative | Coursework | Semester 2: Employability account                                  | N/A    | 30%       |
| Summative | Coursework | Semester 2: Research account report                                | N/A    | 50%       |

## Reading List

To access the reading list for this module, please visit <https://bradford.rl.talis.com/index.html>

### *Please note:*

*This module descriptor has been published in advance of the academic year to which it applies. Every effort has been made to ensure that the information is accurate at the time of publication, but minor changes may occur given the interval between publishing and commencement of teaching. Upon commencement of the module, students will receive a handbook with further detail about the module and any changes will be discussed and/or communicated at this point.*