

Module Details	
Module Title	IAPT - PWP - Supervised Placement (Level 7)
Module Code	PSY7022-B
Academic Year	2020/1
Credits	20
School	School of Social Sciences
Subject Area	Psychology
FHEQ Level	FHEQ Level 7
Pre-requisites	N/A
Co-requisites	N/A

Contact Hours	
Type	Hours
Clinical Placement	80
Placement	80
Supervised time in studio/workshop	40

Availability	
Occurrence	Location / Period
DLA	University of Bradford / Non-Standard Academic Year

Module Aims
The primary purpose of the Psychological Wellbeing Practitioner (PWP) is to increase access to evidence-based psychological therapies for people with depression and anxiety. Trainees are purposely educated and skilled in delivering psychological interventions that are less intense than other treatments. PWPs deliver low-intensity interventions for people with mild to moderate depression and anxiety disorders. A key feature for the IAPT (Improving Access to Psychological Therapies) programme is the in-service training opportunity. Trainees have the advantage of being able to practice, daily, the required skills for the therapies they are being trained to deliver, with the people who experiencing the relevant clinical problems. In this module students will be required to demonstrate CBT competences; generic competences, basic cognitive and behavioural therapy competences, specific cognitive and behavioural therapy technique, problem-specific competencies and meta-competencies. This module will monitor student progress while undergoing supervised placement and support students to obtain the required 80 clinical contact hours.

Outline Syllabus

There is no defined syllabus and each student will be assigned duties according to their supervisor within the trust. It is a normal expectation that whilst on placement you would develop and demonstrate communication skills through reports and orally to supervisors and do so independently and as part of a team to deadlines set by the trust.

Learning Outcomes

Outcome Number	Description
LO1)	Have knowledge and understanding of mental health problems.
LO2)	Knowledge of and ability to operate within, professional and ethical guidelines.
LO3)	Knowledge of a model of therapy and the ability to understand and employ the model in practice.
LO4)	Ability to engage clients.
LO5)	Ability to foster and maintain a good therapeutic alliance and to grasp the client's perspective and "world view".
LO6)	Ability to manage emotional content of sessions.
LO7)	Ability to manage endings.
LO8)	Ability to undertake generic assessment (relevant history and identifying suitability for intervention).
LO9)	Ability to implement Cognitive Behavioural Therapies using a collaborative approach.
LO10)	Ability to make use of supervision.
LO11)	Competence in specific behavioural and cognitive therapy techniques.
LO12)	Competence in exposure techniques.
LO13)	Problem-specific competences in low-intensity interventions for depression and specific phobias.
LO14)	Meta-competencies.

Learning, Teaching and Assessment Strategy

In order for students to become effective PWP, they must learn CBT competences framework for depression and anxiety disorders. The curriculum includes a number of clinical practice outcomes which must be achieved by students in practice settings in order to successfully complete the programme. The framework brings together various activities in order for trainees to carry out CBT effectively and in line with best practice. Students are taught that CBT is guided by a knowledge base and a philosophy and the techniques that they will learn in practice flow from this.

Students need to understand the rationale for what they are doing and not simply treat CBT as a set of techniques. With this in mind students are taught competences across five domains: Generic therapeutic competencies, Basic CBT competencies, Specific behavioural and cognitive therapy competencies, problem specific competencies and meta-competencies.

Students are guided through these domains by supervised practice. Placement hours will include at least 80 clinical contact hours. Supervision will include at least 20 hours of case management supervision and at least 20 hours of clinical skills supervision. The supervisor must carry out observation of the trainee's work directly and indirectly, to develop and be able to evaluate the level of competence. The supervisor must ensure that trainees complete the clinical practice outcomes outlined within the practical skills assessment document, within the required period, and that appropriate records are made.

The placement component will be pass/fail and students are required to demonstrate their achievement of the practice-based outcomes, which will be signed off by their clinical supervisor.

The portfolio for this module will consist of a combination of professional documents, which is to include experience and competence in the selection and delivery of treatment, and supervision and clinical case history while in placement.

The clinical assessment and portfolio of evidence engage with Learning Outcomes 1-14.

Mode of Assessment				
Type	Method	Description	Length	Weighting
Summative	Objective Structured Clinical Examination	Objective Structured Clinical assessment (OSCE) PASS/FAIL	N/A	0%
Summative	Coursework	Portfolio: clinical case history while in placement; experience and competence in selection and delivery of treatment	N/A	100%

Reading List

To access the reading list for this module, please visit <https://bradford.rl.talis.com/index.html>

Please note:

This module descriptor has been published in advance of the academic year to which it applies. Every effort has been made to ensure that the information is accurate at the time of publication, but minor changes may occur given the interval between publishing and commencement of teaching. Upon commencement of the module, students will receive a handbook with further detail about the module and any changes will be discussed and/or communicated at this point.