

Module Details	
Module Title	Mental Health and Wellbeing
Module Code	HWS5010-B
Academic Year	2021/2
Credits	20
School	School of Nursing and Healthcare Leadership
FHEQ Level	FHEQ Level 5

Contact Hours	
Type	Hours
Lectures	20
Interactive Learning Objects	8
Directed Study	158
Seminars	12
Online Tutorials (Synchronous)	2

Availability	
Occurrence	Location / Period
BDA	University of Bradford / Semester 2

Module Aims
This module aims to introduce students to a range of critical and analytical perspectives on mental health and illness and the changing nature of the management of mental health care.

Outline Syllabus
Defining changing conceptualisations of mental health and mental illness; the significance of history and culture; theoretical approaches to understanding the nature, prevalence and impact of mental illness; the social context of mental health and the treatment of the mentally ill including the historical variations to the management of care; the relationship between mental health and social stratification; variations in the patterning of mental health and illness, including cross cultural differences; current mental health policy, practice and issues; the importance of wellbeing; the role and influence of service user groups; comparative models; globalised approach; the significance of asylum and migration on mental health.

Learning Outcomes	
Outcome Number	Description
01	Knowledge & Understanding 1.a Discuss changing concepts of mental health and mental illness including historical and cultural differences. 1.b Analyse developments in the management of mental illness including the role of mental health services, professionals and service user groups. 1.c Examine the impact of social divisions such as social class, 'race', ethnicity, gender and age in the prevalence, incidence and experience of mental illness.
02	Subject-Specific Skills 2.a Demonstrate understanding of current UK mental health policy and practice and its impact on service users. 2.b Identify and apply the main theoretical approaches to understanding the nature, prevalence and impact of mental illness.
03	Personal Transferable Skills 3.a Identify, analyse and present written communication.

Learning, Teaching and Assessment Strategy
Embracing the principles of adult learning, a variety of teaching and learning strategies will be employed for this module. Learning outcomes 1-4 are developed through research informed key lectures that cover key topics. These will be further explored in seminars consisting of discussions, presentations, debate and small group work exploring the changing landscape, development and delivery of mental health services in the UK. Extensive use is made of the Virtual Learning Environment and this medium is used to complement learning materials/lectures/seminars and guest speakers. The resources on Canvas are designed to support learning and assessment throughout the module. In addition, this platform will include websites, documents and a range of online resources such as video clips and podcasts. (Learning outcomes 1-6). Students will be encouraged to undertake the required reading and learning activities before participating in class. Students are also encouraged to attend formative tutorials in small groups/individual to discuss and review the assignment for the module. Learning outcomes 1-4 are developed through research informed key lectures that cover key topics. These will be further explored in seminars consisting of discussions, presentations, debate and small group work exploring the changing landscape, development and delivery of mental health services in the UK. Extensive use is made of the Virtual Learning Environment and this medium is used to complement learning materials/lectures/seminars and guest speakers. The resources on Canvas are designed to support learning and assessment throughout the module. In addition, this platform will include websites, documents and a range of online resources such as video clips and podcasts. (Learning outcomes 1-6). Students will be encouraged to undertake the required reading and learning activities before participating in class. Students are also encouraged to attend formative tutorials in small groups/individual to discuss and review the assignment for the module." Case study on a mental health topic of choice

Mode of Assessment			
Type	Method	Description	Weighting
Summative	Coursework - Written	Case study on topic of choice (3000 words) management in health and social care (3000 words)	100%
Formative	Coursework	Formative assessment and feedback will be provided through a draft of the essay and individual tutorials.	N/A

Reading List
To access the reading list for this module, please visit https://bradford.rl.talis.com/index.html

Please note:

This module descriptor has been published in advance of the academic year to which it applies. Every effort has been made to ensure that the information is accurate at the time of publication, but minor changes may occur given the interval between publishing and commencement of teaching. Upon commencement of the module, students will receive a handbook with further detail about the module and any changes will be discussed and/or communicated at this point.

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