

| Module Details |                            |
|----------------|----------------------------|
| Module Title   | Introduction to Psychology |
| Module Code    | SAC4008-B                  |
| Academic Year  | 2021/2                     |
| Credits        | 20                         |
| School         | School of Social Sciences  |
| FHEQ Level     | FHEQ Level 4               |

| Contact Hours  |       |
|----------------|-------|
| Type           | Hours |
| Lectures       | 33    |
| Directed Study | 167   |

| Availability |                                     |
|--------------|-------------------------------------|
| Occurrence   | Location / Period                   |
| BDA          | University of Bradford / Semester 2 |

| Module Aims                                                                                      |
|--------------------------------------------------------------------------------------------------|
| The module aims to develop your understanding of key concepts, issues and debates in psychology. |

| Outline Syllabus                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |
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| The agenda and history of psychology; issues and debates within psychology (e.g. the mind-body problem; the nature-nurture debate; thought and language) and the insights and concepts offered by cognitive, behavioural and developmental psychology to help us deal with different aspects of these problems. From this, we will look at the issue of personality: what are some of the different theories of personality; what does it mean to be an 'abnormal' person; how effective is therapy in rectifying abnormality; should we look to biology or society to explain the creation of personality and abnormality. The relevance of these psychological concepts and issues to everyday life will be made explicit. |

| Learning Outcomes |                                                                                                                                                                                                                                                |
|-------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Outcome Number    | Description                                                                                                                                                                                                                                    |
| 01                | Identify and describe the fundamental concepts, issues and debates in psychology; this gives an overview of the main features of the discipline and the core knowledge base that you will need to continue to study psychology in later years. |
| 02                | Outline the different methodological perspectives in psychology and explain the distinction between the theory and practice in psychology.                                                                                                     |
| 03                | Appraise and evaluate psychological research.                                                                                                                                                                                                  |
| 04                | Relate psychology to everyday life.                                                                                                                                                                                                            |
| 05                | Use some of the key terms and concepts in psychology in their proper context.                                                                                                                                                                  |
| 06                | Use analytical skills in relation to a range of everyday psychological problems, including in-depth reading and writing using the correct academic terms and the correct conventions for academic analysis in the field of psychology.         |
| 07                | Learn how to write essays and prepare examinations through formative and summative examination.                                                                                                                                                |

| Learning, Teaching and Assessment Strategy                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
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| <p>Lectures will provide overviews of the core principles and concepts in the study of psychology, while seminars will allow such knowledge to be embedded, clarified and deepened. Once you have been given guidance on the overall issues through lectures, you will deepen your knowledge through independent guided reading of relevant texts. The group discussion allows you to explore concepts with other students and with the tutor. These three layers of learning, practised weekly, are designed to encourage reflexivity and to encourage you to draw on your own concerns and interests. Additional learning materials such as handouts and overheads will be available through the virtual learning environment.</p> <p>Summative assessment will test knowledge in relation to a wide range of topics covered in the course. Formative assessment and feedback will be available to help develop the skills needed for the summative assessment.</p> |

| Mode of Assessment |                        |                                                                             |           |
|--------------------|------------------------|-----------------------------------------------------------------------------|-----------|
| Type               | Method                 | Description                                                                 | Weighting |
| Summative          | Online MCQ Examination | Online test in the middle of semester                                       | 20%       |
| Summative          | Online MCQ Examination | Online test in the middle of semester                                       | 20%       |
| Summative          | Presentation           | Group Presentation(Audio Recorded Via Teams or Zoom) (15 Mins) (10-15 mins) | 60%       |

| Reading List                                                                                                                                             |
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| To access the reading list for this module, please visit <a href="https://bradford.rl.talis.com/index.html">https://bradford.rl.talis.com/index.html</a> |

*Please note:*

*This module descriptor has been published in advance of the academic year to which it applies. Every effort has been made to ensure that the information is accurate at the time of publication, but minor changes may occur given the interval between publishing and commencement of teaching. Upon commencement of the module, students will receive a handbook with further detail about the module and any changes will be discussed and/or communicated at this point.*

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