

| Module Details        |                                                                                                      |
|-----------------------|------------------------------------------------------------------------------------------------------|
| <b>Module Title</b>   | Managing Therapeutic Approaches and Facilitating Therapeutic Interventions within Mental Health Care |
| <b>Module Code</b>    | NUR6508-B                                                                                            |
| <b>Academic Year</b>  | 2022/3                                                                                               |
| <b>Credit Rating</b>  | 20                                                                                                   |
| <b>School</b>         | School of Nursing and Healthcare Leadership                                                          |
| <b>Subject Area</b>   | Nursing                                                                                              |
| <b>FHEQ Level</b>     | FHEQ Level 6                                                                                         |
| <b>Pre-requisites</b> |                                                                                                      |
| <b>Co-requisites</b>  |                                                                                                      |

| Contact Hours                  |       |
|--------------------------------|-------|
| Type                           | Hours |
| Directed Study                 | 70    |
| Seminars                       | 50    |
| Lectures                       | 20    |
| Independent Study              | 92    |
| Practical Classes or Workshops | 24    |

| <b>Availability</b> |                                        |
|---------------------|----------------------------------------|
| <b>Occurrence</b>   | <b>Location / Period</b>               |
| BDA                 | University of Bradford / Academic Year |

| <b>Module Aims</b>                                                                                                                                                                                                                                                                                |
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| The module aims to develop knowledge, understanding, and application of therapeutic approaches and interventions, in relation to the field of Mental Health Nursing. This will aid you to meet the health care needs of individuals and their families / carers using a biopsychosocial approach. |

| <b>Outline Syllabus</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
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| <p>Critique the values held by mental health nurses, which inform the development of a therapeutic relationship.</p> <p>Articulate and critique the pre engagement, engagement, therapeutic alliance, collaboration, transition and endings within the therapeutic relationship.</p> <p>Evaluate boosters and barriers to therapeutic engagement.</p> <p>Evaluate the nature of collaborative therapeutic relationships.</p> <p>Critically evaluate the biopsychosocial model in relation to delivering therapeutic interventions for mental health conditions.</p> <p>Apply case formulation within the context of the bio psychosocial model.</p> <p>Critique the application of therapeutic risk assessment and risk management within therapeutic approaches.</p> <p>Examine crisis intervention within the delivery of therapeutic approaches.</p> <p>Discuss the nature of therapeutic one to one, group and family interventions within mental health care settings.</p> <p>Examine multi agency working within mental health clinical settings.</p> <p>Discuss and evaluate the Application of Mental Health legislation in relation to therapeutic approaches and critique ethical implications within this.</p> <p>Evaluate the input of statutory and non-statutory provision for the delivery of therapeutic approaches, inclusive of service user led developments and</p> |

inter professional working.

Evaluate the use of pharmacological approaches to enhance mental well-being to enable the delivery of therapeutic approaches on a one to one or group basis.

Evaluate the use of technology in the delivery of therapeutic approaches.  
Apply research to practice in respect of therapeutic approaches.

### **Learning Outcomes**

|    |                                                                                                                                                                |
|----|----------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 01 | Demonstrate effective communication skills to assess and meet the therapeutic needs of individuals and significant others.                                     |
| 02 | Demonstrate patient centred collaborative working approaches in the delivery of therapeutic care.                                                              |
| 03 | Critically evaluate key legal and ethical principles within nursing practice of those requiring such care.                                                     |
| 04 | Critically apply in depth knowledge of the various therapeutic interventions in mental health care, through a biopsychosocial lens.                            |
| 05 | Apply the use of creative use of technologies in research and scholarly activities to transform care and meet the changing needs within mental health nursing. |

### **Learning, Teaching and Assessment Strategy**

This module adopts a range of learning and teaching activities to facilitate your learning.

Research informed key lectures will deliver relevant content providing you with the opportunity to critically evaluate the range of therapeutic interventions, theories and evidence that contribute to the mental health status of individuals.

This will be complemented by seminars and workshops to enable you to integrate relevant therapeutic intervention theories to help meet mental health needs.

Virtual Learning Environment (VLE) will be used to provide access to online resources, lecture notes and external links to websites of interest.

The assessment of the module has one summative assessment task which

assess the learning outcomes of the module.

You will be offered the opportunity to submit an assignment extract as your formative assessment. Feedback will be provided on this submission to facilitate reflection and your self-assessment.

The feedback that you will receive from the formative assessment will help prepare you to write a summative essay with a word limit of up to 3,000 words. This assessment will assess learning outcomes 1, 2, 3, 4 and 5.

You will also undertake one summative case scenario assessment which will assess learning outcomes 1 and 2. Prior to this summative submission you will have an opportunity to undertake a formative case scenario and receive feedback.

| Mode of Assessment |                      |                                                      |                                                      |      |
|--------------------|----------------------|------------------------------------------------------|------------------------------------------------------|------|
| Type               | Method               | Description                                          | Weighting                                            |      |
| Summative          | Coursework - Written | Written Assignment (3000 words)                      |                                                      | 100% |
| Formative          | Coursework - Written | Formative Assessment 400 words of written assignment | Formative Assessment 400 words of written assignment |      |
| Formative          | Coursework           | Case scenario                                        | Case scenario                                        |      |

| Reading List                                                                                                                                             |
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| To access the reading list for this module, please visit <a href="https://bradford.rl.talis.com/index.html">https://bradford.rl.talis.com/index.html</a> |

*Please note:*

*This module descriptor has been published in advance of the academic year to which it applies. Every effort has been made to ensure that the information is accurate at the time of publication, but minor changes may occur given the interval between publishing and commencement of teaching. Upon commencement of the module, students will receive a handbook with further detail about the module and any changes will be discussed and/or communicated at this point.*