

Module Details	
Module Title	Continence practice for physiotherapists (Pelvic floor, bladder and bowel function and dysfunction)
Module Code	PAR7006-C
Academic Year	2022/3
Credit Rating	30
School	School of Allied Health Professions and Midwifery
Subject Area	Physiotherapy and Rehabilitation
FHEQ Level	FHEQ Level 7
Pre-requisites	
Co-requisites	

Contact Hours	
Type	Hours
Lectures	11
Tutorials	1
Practical Classes or Workshops	9
Directed Study	279

Availability	

Occurrence	Location / Period
BDA	University of Bradford / Semester 3

Module Aims
To reflect on, analyse and apply recent advances, knowledge and current physiotherapy practice applicable to pelvic floor, bladder and bowel rehabilitation for physiotherapists in a clinical setting

Outline Syllabus
1. Investigation and practice of possible interventions for the prevention of pelvic floor, bladder and bowel dysfunction. 2. Observation and critical reflection on a variety of investigations for pelvic floor, bladder and bowel dysfunction. 3. Management and treatment of common pelvic floor, bladder and bowel conditions including: hypotonus and hypertonus of the pelvic floor, the overactive bladder, stress incontinence, constipation and faecal incontinence. 4. Psychosexual dimensions of pelvic floor, bladder and bowel dysfunction. 5. Examination and assessment of the vagina, ano-rectal and the pelvic floor musculature 6. Critical reflection on appropriate specialised in and out-patient clinics, including: surgery for bladder and bowel dysfunction, outpatient gynaecology and urology clinics, care of the elderly 7. Analysis of the value of appropriate specialist MTD, clinics/units e.g. urodynamics, colo-proctology, biofeedback for those with faulty defaecation patterns. 8. Patient assessment and provision of evidence based treatment plans 9. Informed consent and patient confidentiality.

Learning Outcomes	
01	Critically evaluate, determine and implement appropriate physiotherapy management to develop clinical practice related to continence care and pelvic floor dysfunction.
02	Apply advanced skills related to the subjective and objective assessment and examination of the patient.
03	Utilise advanced knowledge and clinical reasoning skills to determine the appropriate physiotherapy management for pelvic

	floor, bladder and bowel dysfunction.
04	Synthesise knowledge and critically reflect on evidence based physiotherapy practice, applying this to advancing clinical practice in pelvic floor, bladder and bowel dysfunction.
05	Appraise the role of other healthcare professionals / clinics involved in continence care and pelvic floor dysfunction in a variety of healthcare settings
06	Critically reflect and appraise current practice utilising effective written, verbal communication, teaching skills and the use of information technology

Learning, Teaching and Assessment Strategy

All contact hours within the learning and teaching strategy will be scheduled on campus. Practical sessions will be delivered face to face; on-campus whilst maintaining appropriate Health and Safety related to current guidelines. Lectures will draw together elements of theory to enable the students to apply and develop their clinical practice and professional development (1-6). Small group discussions, tutorials and practical workshops (some of which may be delivered online) will be used to enhance theoretical work and develop advanced clinical reasoning skills (1-6) Students will gather evidence of their developing practice to contribute to a professional portfolio and be encouraged to use 'Pebble Pad' as a means to present this. The portfolio of evidence and written synopsis will assess all the learning outcomes. Formative opportunities for feedback will be facilitated and enable by module tutors.(1-6)

Mode of Assessment

Type	Method	Description	Weighting	
Summative	Coursework - Portfolio/e-portfolio	Portfolio of Evidence supported by a written synopsis (maximum 4,000 words)		100%
			Written formative	

Formative		Written formative feedback will be provided during the development of the portfolio (1000 words)	feedback will be provided during the development of the portfolio (1000 words)	
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Reading List

To access the reading list for this module, please visit
<https://bradford.rl.talis.com/index.html>

Please note:

This module descriptor has been published in advance of the academic year to which it applies. Every effort has been made to ensure that the information is accurate at the time of publication, but minor changes may occur given the interval between publishing and commencement of teaching. Upon commencement of the module, students will receive a handbook with further detail about the module and any changes will be discussed and/or communicated at this point.