

Faculty of Management, Law and Social Sciences

Programme Specification

Programme title: MA Mental Health Practice

Academic Year:	2018/19
Degree Awarding Body:	University of Bradford
Partner(s), delivery organisation or support provider (if appropriate):	
Final and interim award(s):	[Framework for Higher Education Qualifications (FHEQ) level 7] MA Mental Health Practice Postgraduate Diploma Mental Health Practice Postgraduate Certificate Mental Health Studies
Programme accredited by (if appropriate):	Health and Care Professions Council (HCPC)
Programme duration:	PGC – 6 to 12 months PGD – 12 to 18 months MA – 18 to 36 months
QAA Subject benchmark statement(s):	
Date of Senate Approval:	April 2008
Date last confirmed and/or minor modification approved by Faculty Board	June 2014 January 2017 April 2018

Introduction

The aim of this programme is to meet the continuing professional development needs of mental health professionals and, in particular, to offer training for Approved Mental Health Professionals (AMHPs) in accordance with the Approval Criteria for Approved Mental Health Professional (AMHP) programmes issued by the Health and Care Professions Council (HCPC). The programme therefore offers both academic and professional outcomes.

Academic outcomes are available at Postgraduate Certificate, Postgraduate Diploma and Masters level. The professional status of AMHP is conferred by the relevant local authority on those designated professionals who have successfully completed an HCPC-approved training and education programme. On successful completion of

AMHP training students will therefore be eligible for the award of Postgraduate Diploma in Mental Health Practice and for approval as an AMHP by their employer. After completing the Postgraduate Diploma students will also have the option of continuing their studies to achieve the MA Mental Health Practice.

All students who intend to achieve AMHP status will register for the Postgraduate Diploma in Mental Health Practice. In the event that a student enrolled for the Postgraduate Diploma successfully completes 3 x 20 credit modules but is unable to complete the Practice module, they will be eligible for the Postgraduate Certificate in Mental Health Studies but will not be eligible for accreditation as an AMHP by their employer. The Postgraduate Certificate will also be awarded to any other student who wishes to complete an academic programme of study but who is not eligible or not wishing to achieve AMHP status. Completion of the Postgraduate Certificate in Mental Health studies will enhance students' career progression and increase their employability in a range of statutory and third sector agencies in health and social care.

Only those students who successfully complete all the modules associated with the Postgraduate Diploma will be eligible for approval as an AMHP. Any student who is awarded an aegrotat award will not be eligible for AMHP approval.

AMHPs have a legal role in the assessment and compulsory detention of individuals requiring psychiatric treatment against their wishes. Local authorities have the responsibility to approve suitably experienced and trained people as AMHPs. Suitably qualified and experienced social workers, occupational therapists, nurses and psychologists are eligible to undertake AMHP training and upon successful completion of the training may be approved by a local authority as an AMHP. Any student wishing to achieve AMHP status will require the formal support of their employer in advance of the programme.

The programme is designed to produce confident and competent mental health practitioners and is designed, managed, supported and delivered by a range of partner agencies and stakeholders, including service users and carers, working closely with the University. Agencies and stakeholders are represented on a Programme Management Board that ensures that the programme is able to prepare practitioners for the challenges of advanced professional practice in mental health, including, where appropriate, the role of an AMHP.

The following groups and organisations are actively involved in the programme:

- Employers: There is a long history of effective partnership with Bradford Adult Services with continuing involvement from Kirklees, Calderdale, Wakefield and North Yorkshire Adult Services as well as other local and regional voluntary organisations including Mind, Bradford and Airedale Mental Health Advocacy group (BAMHAG).
- Service users and carers: Service user and carer involvement is central to the programme with involvement from individuals and groups in programme design and management, student selection, delivery of teaching and practice development. Service users and carers are also involved in the Division of Social Work's service user and carer group. This group provides support and training for service users and carers who are interested in becoming involved. Service users and carers have been recruited through working with relevant organisations in health and social care.
- Students: Student representatives are involved in the meetings of the Programme Management Board and all students are encouraged to offer

feedback on every aspect of the programme, including module content and teaching, programme management and design and practice placements.

- **Lecturers:** The majority of lecturers teaching the programme are registered social workers, with substantial practice experience in mental health. Additionally associate lecturers include experienced AMHPs and other professionals as well as service users and carers.
- **Practitioners:** Experienced AMHPs are involved in the teaching and assessment of practice placements, and in teaching within the academic setting.

Programme Aims

The Postgraduate Certificate is intended to enable students to:

- Understand contemporary issues in mental health legislation, policy and practice
- Develop a critical and reflective approach to the understanding of concepts and theories relating to mental health and distress with a particular emphasis on a social perspective
- Apply relevant concepts and principles to mental health practice or other relevant context
- Work in partnership with a range of professionals, service users and carers, and agencies to promote a holistic approach to mental health difficulties

In addition the Postgraduate Diploma is intended to enable students to:

- Develop and apply critical understanding of risk and decision-making in complex situations
- Work collaboratively with others, including service users and carers, to promote human rights and dignity of people who may be at risk
- Critically evaluate their own practice and contribute to the further development of practice within their organisation
- Develop the necessary competence to carry out the statutory responsibilities of an AMHP under the Mental Health Act 2007

Also the Master of Arts stage is intended to enable students to:

- Critically appraise relevant research and evidence in mental health to promote the development of practice
- Develop skills in scholarship and research and the capacity to work autonomously and independently in managing a small-scale research project

Programme Learning Outcomes

To be eligible for the award of Postgraduate Certificate in Mental Health Studies at FHEQ level 7, students will be able to:

- LO1. Demonstrate a systematic understanding of contemporary issues in mental health legislation, policy and practice

- LO2. Demonstrate a critical and reflective approach to the understanding of concepts and theories relating to mental health and distress with a particular emphasis on a social perspective
- LO3. Demonstrate the independent application of relevant concepts and principles to resolve complex situations in mental health practice or other relevant contexts
- LO4. Demonstrate the potential capacity to work in partnership with a range of professionals, service users and carers, and agencies to promote a holistic approach to mental health difficulties

Additionally, to be eligible for the award of Postgraduate Diploma in Mental Health Practice at FHEQ level 7, students will be able to:

- LO5. Provide evidence of the critical understanding of risk and decision- making in complex situations
- LO6. Demonstrate the ability to communicate effectively and to collaborate with others, including service users and carers, to promote human rights and dignity of people who may be at risk
- LO7. Show critical reflection and analysis in the evaluation of their own practice and in contributing to the further continuing development of practice within their organisation
- LO8. Demonstrate and evidence the necessary competences to meet the requirements of the HCPC to carry out the statutory responsibilities of an AMHP under the Mental Health Act 2007
- LO9. Demonstrate the ability to critically appraise relevant research and evidence in mental health to promote the development of practice

Additionally, to be eligible for the award of Degree of MA Mental Health Practice at FHEQ level 7, students will be able to:

- LO10. Demonstrate skills in independent scholarship and research through the completion of a small-scale research project.

Curriculum

The curriculum for this programme has been designed to engage students in developing their understanding of theory and its application to practice, recognizing students as adult learners who bring extensive professional experiences to their studies. The development of critical and analytical thinking forms a thread linking the modules and there is a progression from an emphasis on deepening understanding of theoretical concepts and research evidence in the early modules, to the application of theory to practice in later modules, culminating in the assessment of the AMHP practice module.

The curriculum is also informed by, and reflects, at a postgraduate level, the themes of the University of Bradford Undergraduate Curriculum Framework in its emphasis on an Inclusive Curriculum, Making Knowledge Work and a Research-Informed Curriculum. Student engagement is at the heart of the programme, recognizing the contribution that can be made by students who are committed to their continuing professional development and who wish to take responsibility for their learning, both individually and collectively.

Postgraduate Certificate

The Postgraduate Certificate will usually be completed in one semester / year. Modules will be delivered in parallel, with a series of day workshops incorporating lecture input, case material and group discussions. These will be supported by directed independent study. To be awarded the Postgraduate Certificate students must successfully complete the following three modules or two of the following modules and the Risk: evidence-based decision-making and communication module that is delivered in semester 2.

FHEQ Level	Module Title	Core/Option	Credits	Study Period	Module Code
7	Law, policies and procedures (and AMHP role)	Core	20	1	SOW7002-B
7	Critical Perspectives in Mental Health	Core	20	1	SOW7018-B
7	Collaborative Practice in Mental Health	Core	20	1	SOW7019-B

Students will be eligible to exit with the award of Postgraduate Certificate if they have successfully completed 60 credits and achieved the award learning outcomes.

This award does not confer eligibility to be approved as AMHP.

Postgraduate Diploma

Students who are sponsored by their employers to undertake AMHP training will register for the Postgraduate Diploma. This will normally be completed within 12 - 18 months.

Students will need to complete the modules SOW7002-B, SOW7018-B and SOW7019-B above and then take modules SOW7003-B and SOW7020-D. This will include an intensive block delivery of the module (SOW7003-B): *Risk: evidence-based decision-making and communication*, incorporating lecture input, case material and group discussions. Students will also complete a 40 day placement as part of the *AMHP practice* module (SOW7020-D) and will be required to produce a practice portfolio that will demonstrate their competence to be approved as an AMHP. The placement will also be supported by a series of practice workshops. Each student will have a named practice educator who will support their learning and practice in placement. The timing of the placement may be flexible in order to meet the requirements of the employer. It is possible, therefore, that placements may extend over a longer period on a part-time basis. However the normal expectation will be that the placement module and all other work for the postgraduate diploma will be completed either at the end of semester 2 or by the end of semester 1 the following year.

FHEQ Level	Module Title	Core/Option	Credits	Study Period	Module Code
7	Approved Mental Health Professional Practice	Core	40	2	SOW7020-D
7	Risk: evidence-based decision-making and communication	Core	20	2	SOW7003-B

Students will be eligible to exit with the award of Postgraduate Diploma if they have successfully completed at least 120 credits and achieved the award learning outcomes and will also be eligible for approval as AMHP.

Successful students are then nominated by their employer/local authority for approval and acceptance/confirmation by HCPC.

Degree of Master

Students who have completed the Postgraduate Diploma in Mental Health Practice will be eligible to progress to the MA Mental Health Practice. The dissertation module will be tailored to the needs of individual students and each student will allocated a research supervisor to support their work, including the development of an individual project or study.

FHEQ Level	Module Title	Core/ Option	Credits	Study Period	Module Code
7	Mental Health : MA Dissertation	Core	60	3	SOW7004-E

Students will be eligible for the award of Degree of Master if they have successfully completed at least 180 credits and achieved the award learning outcomes.

Learning and Teaching Strategy

Teaching is focused on meeting clear learning outcomes for each module whilst maintaining an overall holistic approach to mental health and mental health practice. Small student numbers facilitate the creation of a safe and stimulating environment in which the students can learn, recognising and building on the rich contribution that students bring from their own professional experience.

An induction programme will provide an introduction to adult learning with an emphasis on developing critical analysis and reflection accompanied by guidance on what is expected of postgraduate level study by the university. A dedicated introduction to the library will also be provided.

Support for students personally and in their course of study, will also be provided both by the University and the Programme Team. Students will be allocated a personal tutor who is someone with whom they will be able to talk about any academic or personal concerns. The Faculty will ensure that there is someone available with whom they feel comfortable to help and support them. Students will be provided with a comprehensive series of handbooks that they can consult on a range of learning issues and their programme leader will be available to consult on subject specific queries.

Learning will be directed and supported using a range of methods and approaches, combining a mix of direct teaching / lecture input with small group discussion, case studies and examples from practice. The use of appropriate audio-visual resources will be used to enhance learning in addition to the contribution of service users and carers / experts-by-experience. Guest speakers and associate lecturers will also provide relevant input based on their own expertise and specialist knowledge. Collaborative learning and discussion with peers will reflect the emphasis in

advanced professional practice where peer consultation and supervision are recognised as good practice.

Each 20 credit module represents approximately 200 hours study time including time spent on assessment and directed study. Students will be provided with access to resources, including the virtual learning environment, as part of independent directed study and guidance will be offered regarding the use of appropriate and relevant social media and websites etc. Informal group presentations will be used as part of a range of formative assessment opportunities. This will include the examination of reports, inquiries and case examples. Once in placement, students will be actively involved in presenting their own experiences and case studies, including sessions involving other AMHPs, practice educators and service users and carers. Workshop-style sessions will also be used to foster the critical application of theory to practice.

The 40 day practice module will prepare students for AMHP practice under the guidance of an experienced AMHP practice educator who will support and assess their learning in practice. Placements are identified in the organisation in which students are employed through a process of negotiation between the university and the employer. All placements are subject to initial and ongoing review using the Quality Assurance of Practice Learning (QAPL) process and this is reviewed regularly by the Placement team. Students will also be provided with a Placement handbook that provides further information.

If students are intending to become an AMHP, they will be sponsored by their employer to undertake the Postgraduate Diploma in Mental Health Practice and their employer will make appropriate arrangements for them to be released from work in order to attend teaching sessions and to study independently. This arrangement is ratified in the agreement between the University and the employer partners and reviewed regularly by the Programme Management Board.

Assessment Strategy

Module learning outcomes will be assessed using a range of approaches, both formative and summative, including written assignments, assessed group work and presentations, a practice portfolio including the application of theory to case examples and a reflective account.

Learning outcomes 1 – 4 are focused on the acquisition of knowledge and understanding and the development of critical analysis. They are assessed using a range of written assignments and presentations including a written response to case material.

Learning Outcomes 5 – 8 specifically address the development of skills in practice and the integration of theory and practice, emphasising critical reflection on students developing competence. In addition to a written assignment based on a case study for the *AMHP Practice* module will be assessed through the provision of evidence of the student meeting the HCPC competences. This will be gathered in a practice portfolio containing case studies and a reflective account of their development.

Learning outcome 9 will be assessed throughout in terms of students considered use of theory and concepts, policy and legislation. Students will also submit an in-depth case study in the portfolio to demonstrate the application of research evidence to practice to assess the *Risk: evidence-based decision-making and communication module*.

Both learning outcomes 9 and 10 will be assessed in the final project undertaken to meet the requirements of the Dissertation module.

Attendance for all taught modules is compulsory and a minimum attendance of 80% must be achieved in order to pass each module.

Assessment Regulations

This Programme conforms to the standard University Assessment Regulations which are available at the following link:

<http://www.bradford.ac.uk/agpo/ordinances-and-regulations/>

However, exceptions to the above regulations for this programme, due to the requirements of the professional body, the HCPC, are as follows:

- For those students who are training as AMHPs, they must achieve at least 40% in all academic assignments and additionally must pass the practice module with a mark of at least 40%. This must include evidence that the student has demonstrated each of the 35 competences required by the HCPC portfolio. Additionally they must also have a passing report from their practice educator.
- Attendance is compulsory and students must achieve an 80% attendance record where specified for academic modules. If students fail to achieve this they will be deemed to have failed the module(s) for which they do not have evidence of 80% attendance and they will be required to retake the whole module(s).

Admission Requirements

The University welcomes applications from all potential students regardless of their previous academic experience and offers are made following detailed consideration of each individual application. Most important in the decision to offer a place is our assessment of a candidate's potential to benefit from their studies and of their ability to succeed on this particular programme. Entrance requirements for each programme will vary but consideration of a student's application will be based on a combination of their formal academic qualifications and other relevant experience.

If students have prior certificated learning or professional experience which may be equivalent to parts of this programme, the University has procedures to evaluate this learning in order to provide them with exemptions from specified modules contained within the curriculum. Students should talk to us if they do not fit the standard pattern of entry qualifications.

The University of Bradford has always welcomed applications from disabled students, and these will be considered on the same academic grounds as are applied to all applicants. If students have some form of disability they may wish to contact the programme leader before they apply.

Applicants for the Postgraduate Diploma / MA in Mental Health Practice can only be registered social workers, mental health or learning disability nurses, registered

occupational therapists or chartered psychologists¹ who can be working in either the statutory or voluntary and independent sector. There are two additional admissions criteria: employer nomination and academic attainment. The admissions selection process will involve employers, mental health service users and/or carers and University academics.

Applicants must meet the following criteria:

- i) Normally have a minimum of two years post-qualifying experience in mental health but some applicants may be working in adult care or other settings with experience in mental health work.
- ii) Employer nomination: All applicants must be nominated by a local authority or other employer. Employer nomination will normally be based on the length and range of the student's post-qualifying experience, and the potential suitability of the student to be approved as an AMHP.
- iii) Academic requirements: Usually applicants will have a good (minimum 2.2) first degree. In exceptional cases candidates without a first degree may submit evidence of their ability to study at postgraduate level – the Programme Director will assess this for suitability.

The process of employer nomination takes place prior to the university selection process and successful employer nomination does not guarantee the offer of a place by the University.

Applicants whose first language is not English will also be expected to possess a University approved English Language qualification such as IELTS at 7.5 or TOEFL (paper) at 625-680.

Applicants who wish to apply for only the Postgraduate Certificate in Mental Health Studies or individual modules that form this, as part of their continuing professional development will need to demonstrate significant prior experience in mental health through employment, voluntary work or as service users or carers. Additionally they will need to demonstrate their capacity to study at postgraduate level normally either through previous undergraduate study or professional training.

Recognition of Prior Learning

Applications for RPL and RPEL will be considered by the Programme Management Board on an individual basis in line with the University policy on Recognition of Prior Learning.

Minor Modification Schedule

Version Number	Brief description of Modification	Date of Approval (Faculty Board)
1		

¹ For further details please consult The Mental Health (Approved Mental Health Professionals) (Approval) (England) Regulations 2008
